

# OSAP August Recipient Meeting: NMCS Findings

August 18, 2020

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# Topics

- Changes to the methodology during the pandemic
- Our statewide sample this year
- Alcohol trends
- Prescription drug use trends
- The new marijuana module
- The new methamphetamine module
- Mental health module trends
- Open-ended question responses





# What we Learned From Online Data Collection





**NM CON MAYORES SANOS**

Gane hasta \$500 en efectivo!

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 **New Mexico Community Survey**  
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NM Community Survey. Chances to win \$100 or \$500 cash gift cards. Giving away 3 \$100 cash gift cards every week. Take an anonymous NM Community Survey. Must be 18 or older and live in New Mexico. Keeping New Mexico healthy!





Three chances to win every week!

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# Communities Developed Their Own Ads

## COMMUNITY HEALTH IS GOOD FOR YOU BOTH

Help Us Understand and  
Meet Your Local Health  
Needs and Enter a Drawing  
to Win \$100

Click on the link to take the  
New Mexico Community Survey



Shout out  
to the Up!  
Coalition  
in Doña  
Ana



# What we Learned From Online Data Collection

Help New Mexico substance misuse prevention programs



**Start Your Morning Right**

Click on the link to take the New Mexico Community Survey and enter for a chance to win a \$100 cash card



DATA IS THE

**TOOL OF OUR TRADE**

Click on the link to take the New Mexico Community Survey and enter for a chance to win a \$100 cash card

# Most Popular Ad



## New Mexico Community Survey

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NM Community Survey. Chances to win \$100 or \$500 cash gift cards. Giving away 3 \$100 cash gift cards every week. Take an anonymous NM Community Survey. Must be 18 or older and live in New Mexico. Keeping New Mexico healthy!



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Keeping New Mexico healthy!

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# Fiscal Year 2020: New Mexico Community Survey Data



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# FY20 Sample

- Whiter
- Older
- More formal education
- More female



Sample  
Demographics  
*Unweighted*

	%	
	2020 (n =11,774)	2019 (n=12,089)
Female	76.1	64.2
Age		
18-20	5.9	10.2
61-70	17.2	12.2
Race/Ethnicity		
White	47.8	34.9
Hispanic	38.5	44.2
Native American	8.1	15.5
Education level		
High school or GED	14.9	21.3
College or above	39.5	28.4



# Alcohol Use Behaviors

Indicator	FY18	FY19	FY20
Average number of drinks a week	1.9	2.0	2.1
Percent Past 30-day alcohol use	46.9	46.7	49.9
Percent Past 30-day binge drinkers	14.4	16.1	14.9
Percent Past 30-day driven under the influence	3.7	3.2	2.8
Percent Past 30-day driven after 5+ drinks	2.8	2.7	2.5

# Alcohol Misuse Perceptions & Actions

Indicator	FY18	FY19	FY20
Percent Very Likely police breaking up teen drinking parties	17.8	18.1	16.6
Percent Very Likely police arresting adult providing alcohol to minor	26.2	26.3	24.0
Percent Very Likely being stopped if driving intoxicated	28.9	30.0	26.0
Percent Very Easy social access to alcohol by teens	43.8	42.3	34.0
Percent Very Easy retail access to alcohol by teens	11.1	8.9	6.2
Percent provided alcohol to a minor in past year	2.9	2.4	3.0



Questions?



# Rx Painkiller Use Behaviors

Indicator	FY18	FY19	FY20
Average number of days used Rx painkillers in past 30-days	10.6	10.1	11.2
Percent past 30-day Rx painkiller use for any reason	11.9	11.1	11.3
Percent past 30-day Rx painkiller use to get high	2.8	2.4	2.4



# Rx Painkiller Misuse Perceptions & Actions

Indicator	%			
	No risk	Slight risk	Moderate Risk	Great risk
Perceived risk of harm with misusing Rx painkillers (n=10,604)	2.0	8.9	26.2	62.9
	Yes	No		
Giving or sharing Rx painkillers in past year (n=10,408)	4.2	95.8		
Rx painkillers stored in locked box or cabinet (n=3,815)	41.9	58.1		

# Rx Painkiller Misuse Prevention

Indicator	% Yes
When having been prescribed painkillers last year...	
Were prescribed naloxone as well (n=2,672)	20.3
Talked about risks in using Rx painkillers (n=2,672)	
Healthcare provider	51.3
Pharmacy staff	37.1
Talked about storing Rx painkillers safely (n=2,672)	
Healthcare provider	30.9
Pharmacy staff	27.7
Had access to naloxone when used painkillers in the past 30 days (n=1,188, only past 30-day users)	31.9

# Poll



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# Marijuana Use Behaviors

		% Yes	
Indicator	Overall	Male	Female
Ever used marijuana (n=3,551)	56.2	60.3	52.1
Past 30-day marijuana use <sup>1</sup> (n=1994)	37.1	39.9	33.8
Past 30-day drove under the influence of marijuana <sup>2</sup> (n=682)	23.6	27.1	18.2
Shared marijuana with underage youth (n=3,460)	2.9	4.0	2.0

# Marijuana Misuse Perceptions

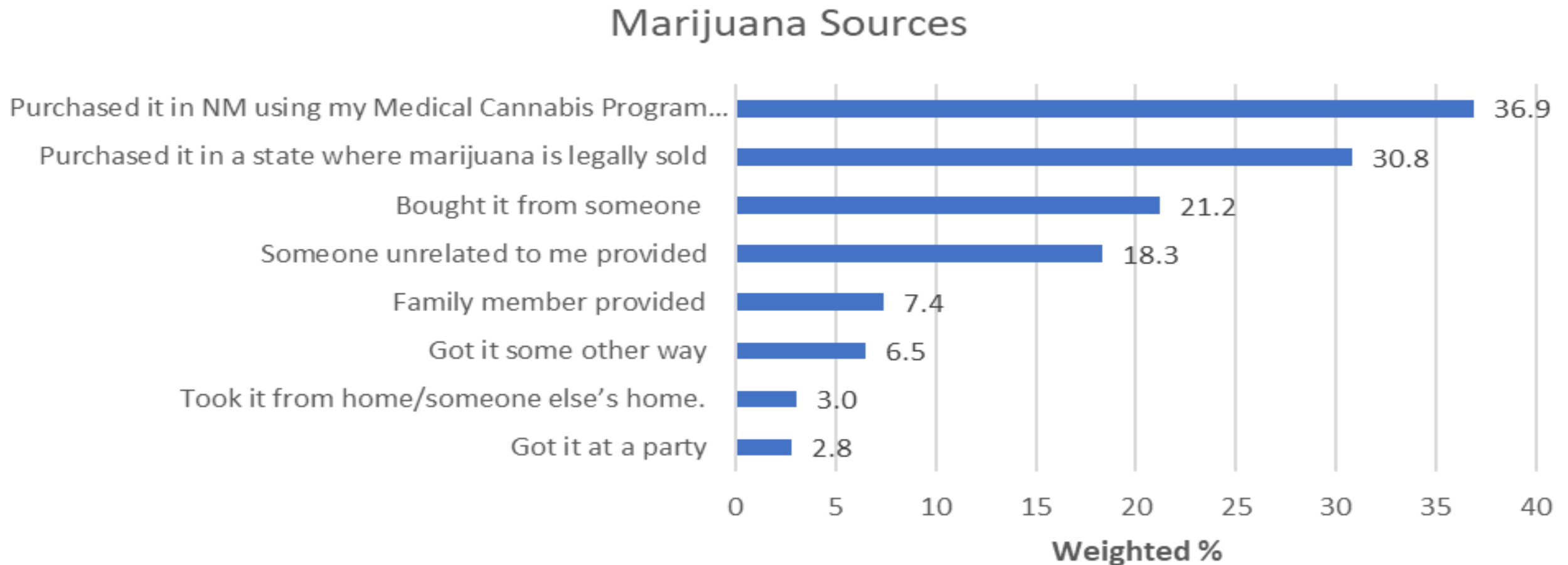
	%				
Indicator	Very likely	Somewhat likely	Not very likely	Not at all likely	Don't know
Likelihood of police arresting an adult for providing marijuana to someone under 21 (n=2,643)	24.7	30.6	25.7	13.1	5.9
Likelihood of being stopped by police if driving under the influence of marijuana (n=2,772)	13.1	28.4	36.2	17.1	5.2
	Very easy	Somewhat easy	Somewhat difficult	Very difficult	Don't know
Ease of access to marijuana by teens in the community (n=2,942)	60.5	29.7	4.6	1.0	4.2

# Marijuana Misuse Prevention Support

	%				
Indicator	Strongly disagree	Disagree	Not sure	Agree	Strongly agree
Marijuana use by teens is a problem in my community (n=3,472)	6.7	9.7	36.2	28.8	18.6
Support local efforts to prevent marijuana use by teens (n=3,473)	5.3	5.8	18.3	36.8	33.8
Driving under the influence of marijuana is a problem in my community (n=3,472)	5.5	8.8	52.1	20.1	13.5
Support local law enforcement actions to prevent driving under the influence of marijuana (n=3,474)	5.6	5.1	16.1	37.4	35.8

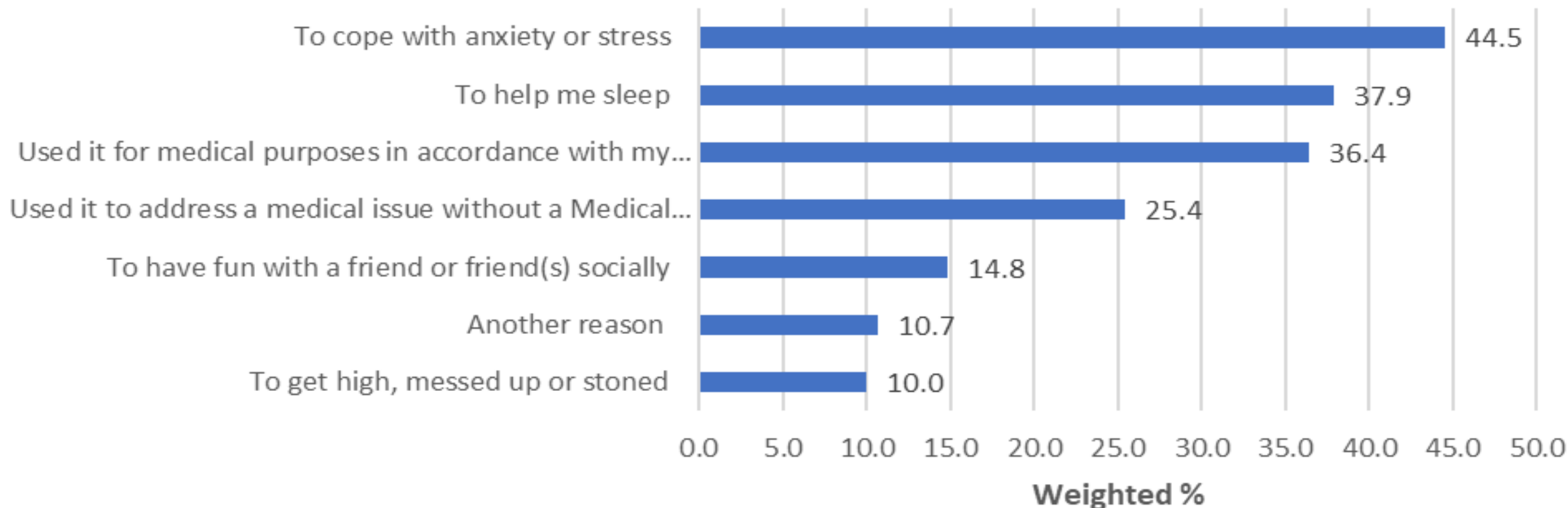


# Sources of Marijuana by Past 30-Day Users (n=707)



# Reasons for Consumption by Past 30-Day Users (n=707)

## Reasons of Marijuana Consumption



# Methamphetamine Use

		% Yes	
Indicator	Overall	Male	Female
Ever used methamphetamine (n=9,122)	11.4	14.1	9.1
Past 30-day methamphetamine use* (n=1,009)	14.2	16.1	12.0
Family member uses methamphetamine (n=10,574)	17.5	16.3	18.7

\*Only includes those who have ever used methamphetamine.



Questions?



# Methamphetamine Use Perceptions

	%				
Indicator	Very easy	Somewhat easy	Somewhat difficult	Very difficult	Don't know
Ease of access to methamphetamine in the community (n=6,424)	45.2	43.1	8.0	1.4	2.3
	No Risk	Slight risk	Moderate risk	Great risk	
People risk harming themselves when using methamphetamine (n=9,045)	0.7	1.9	8.5	88.9	

# Methamphetamine Use Prevention Support

	%				
Indicator	Strongly disagree	Disagree	Not sure	Agree	Strongly agree
Methamphetamine use is a problem in my community. (n=9,021)	3.7	2.8	27.2	32.5	33.7
Support increasing the local efforts to prevent methamphetamine use. (n=9,018)	3.2	1.2	8.0	30.7	57.0



# Mental Health Issues

Indicator	FY18 (N=2,098)	FY19 (N=1,685)	FY20 (N=3,361)
Percent met critical threshold for serious mental illness	10.9	9.8	14.7
Percent self-identified having mental health or drug/alcohol problems in the past year	22.4	22.1	35.6
Percent suicidal thoughts in the past year	8.2	7.7	11.2
Percent sought help on mental health or drug/alcohol problems in the past year	18.0	16.6	25.5

Poll



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# Qualitative Findings from NMCS 2020

- Law enforcement is #1 concern
  - DUIs are continuing concern
- Decreased criminalization
- Desperate call for txt options
- Greater sense of interrelatedness with homeless population
- Survey as emotional support

# Recap of Highlights

- Largely online participants recruited via social media
- Sample was older, Whiter, more female, and more educated
- Alcohol use up but bingeing down slightly
- Prescription drug use stable; naloxone availability up
- Marijuana most widely accessed legally
- Methamphetamine is a high-priority issue
- Mental health issues growing
- Concerns about enforcement, treatment, and the homeless